

SPOKE

Conestoga College, Kitchener

30th Year — No. 8

February 23, 1998

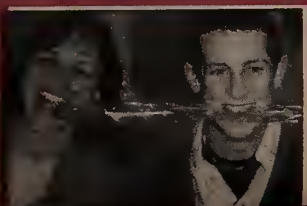
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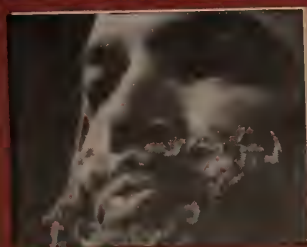
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Fight night



Grrrr...

Joe E. Legend strangles a wrestler during Conestoga's wrestling night at the recreation centre Feb. 13. See story Page 8-9.
(Photo by Casey Johnson)

Student survives strain of typhoid

By Richard Berta

During the peak of the meningitis scare, second-year civil engineering student Paul Laverty found himself coming down with some meningitis-like symptoms.

On Jan. 8, Laverty experienced severe chills and a stiff neck. He tried to rid himself of the unpleasant feeling with a hot shower and going to bed early.

But Laverty was feeling worse the next day. He had a temperature of 39 C.

For the next four days, Laverty was shuttled between St. Mary's Hospital, a walk-in clinic and his family doctor before he was diagnosed with paratyphoid fever.

"I wasn't scared," he said, "I was more confused by the speed things were happening at."

Laverty recalled being asked by his family doctor whether he had been overseas or been in contact with anyone overseas, to which he replied negatively.

Paratyphoid fever can begin with someone not washing their hands

after going to the washroom, and can be spread by the host to other people either through direct physical contact with these people or the food they are consuming.

Symptoms include high fever, chills, stiff neck, weight loss, blood in the urine and stools, and the possibility of dehydration and kidney failure.

The mortality rate for paratyphoid fever is 25 per cent.

He said that physicians at St. Mary's on Jan. 9, initially suspected his illness was a flu aggravated by a meningitis shot.

However, after he returned to the hospital with a bad fever two days later, salmonella bacteria, which is brought on by food poisoning, was suspected.

In the meantime, Laverty was prescribed I.V. (intravenous solution; water mixed with certain chemicals) to prevent dehydration.

Shortly afterwards Laverty was put in isolation at St. Mary's hospital.

"There was a notice that anyone
See typhoid Page 2

About 50 students show to hear acclaimed executives talk DSA campaign speeches lack listeners

By Corina Hill and
Greg Bisch

When the new executive members of the Doon Student Association took to the Sanctuary stage Feb. 12, about 50 of Conestoga's nearly 5,000 students were in the audience.

A common thread in the candidates speeches was a need for more student involvement.

"Sometimes there's a wall in the DSA office," said current vice-president of student affairs, Gerry Cleaves. "We need to knock down that wall."

When the DSA started taking nominations for the three elected executive positions on Jan. 19, only four people stepped forward.

One candidate recently stepped down, leaving all three candidates with acclaimed positions. But, the trio continued with election campaigns with hopes of bringing awareness to the DSA and its activities, said Cleaves.

Jenn Hussey is the acclaimed vice-president of operations. The acclaimed president of the DSA is Kristen Murphy and once again, Cleaves will continue his position as vice-president of student affairs.

Hussey, who started the candidates' speeches, told students she would not make any empty cam-

paign promises, such as cutting tuition in half and bringing in strippers to the Sanctuary.

"What I can do is try really hard to listen to what you have to say," said Hussey. "We need your input."

In regards to the DSA office located adjacent to the Sanctuary, Hussey said students should feel free to come in and talk about any questions or concerns.

"Don't forget where our office is," she said. "We're here to listen."

Yet, unlike other candidates, Hussey addressed the purpose of the student association.

"The DSA is here to add a bit of sugar coating to the hard times, like your exams, your projects and your tests," she said, adding that she would like to give students become more involved with the school by supporting teams and participating in events.

Cleaves' speech was less formal than Hussey's. He opted not to use notes and walked around the stage with the microphone. Since Cleaves is acclaimed in the same position he held this year, he felt the need to explain why he should do the job again.

"There's always room for improvement," he said. "I'm not done yet."

See speeches Page 2



Kristin Murphy, acclaimed DSA president for the 1998-99 school year, speaks to a small crowd during the campaign speeches in the Sanctuary Feb. 12.
(Photo by Erica Ayliffe)

Photocopier busted again

By Erica Ayliffe

The same Doon Student Association photocopier that was vandalized on Dec. 17 was found Feb. 9 with its touch screen broken for the second time.

The copier, which was placed in the same area by Room 2A19, was vandalized for the second time only two weeks after being repaired.

The DSA said the first \$1,350 cost to fix the machine to its insurance company. They will do the same this time, said the organization's director of student life Becky Boertien.

The student group was in the process of trying to relocate the copier when it was broken for the second time.

The machine was damaged both times during night school.

Boertien said the DSA has arranged to place the copier in the alumni/co-op placement office across from the health office when the machine is repaired.

Students will be able to access the copier between 9:30 a.m. and 4 p.m.

The photocopier was found vandalized during 9:30 p.m. and 11:00 p.m. by a Doon security worker.



Gerry Cleaves, explains why he renewed his position as DSA vice-president of student affairs for a second year during the candidate speeches.

(Photo by Erica Ayliffe)

Typhoid — continued from page 1

who wanted to see me had to wear rubber gloves and a gown over their clothing," he said.

Laverty also experienced an abnormal heart rate and blood pressure. He reported a heart beat of 100, in contrast to the normal heart rate of 72 to 77 beats per minute. He also reported a blood pressure in the mid-'90s which should have been between 120 and 140.

Laverty was released from the hospital Jan. 16, after being assigned prescriptions for certain medicines.

"I was glad to be at home," he said, "I could sleep more at home than in the hospital where I never had more than four hours sleep."

But Laverty's condition still demanded close attention even if he was out of the hospital.

"I was still contagious, so I couldn't get any food for myself, except for instant soup," he said.

He said he had to watch what he ate to rest his overworked digestive system. He added that he continued to be racked with chills, but



Paul Laverty, 2nd-year civil engineering student.

(Photo by Richard Berta)

could not cover himself with his blanket.

"Everytime I put my blanket on, my fever would rise to 103 or 104 F."

Laverty lost 30 pounds in a week

and a half as a result of the illness. He has only managed to regain two or three pounds, since he returned to school Jan. 26.

"I still don't like going outside," he said. "It took me five minutes to stop shaking on my way from the parking lot to the school."

But Laverty said he's glad to be back, saying he would rather do anything other than lie in bed.

"I had to make up for a lot of missed tests my first two weeks back," he said. "Now, I'm back to my old routine."

Laverty still has to avoid over-exerting himself because the disease could flare up once again if he's not careful.

"It can remain in your body for a year," he said.

Laverty is nonetheless grateful that he came out of his ordeal unscathed.

"I'm still the same person I was before," he said. "Only one person told me I've changed since being sick. Well, I've become giddier and I'm happy to be doing what I'm doing."

Speeches — continued from page 1

He said he wanted to throw out the idea of school being a nine-to-five job and make it interesting for Doon campus students.

"When you leave here, you will want to remember what this school did for you," said Cleaves. "This is your life, grow from it, participate in it."

"It just doesn't work without you," said Cleaves. "You are going to hear from us more, and we hope to hear from you as well."

Cleaves went on to stress the need for students to come forward with ideas for the DSA. "We cannot be successful if all the ideas are coming from eight people in an office."

Throwing away his speech notes before taking the microphone from Cleaves, Murphy started out by making fun of his own name. He said that during the campaign there was confusion about whether Kristin was a man or a woman.

"As you can see I am a man . . . at least last time I checked," said Murphy. "The best thing about my name is that they put me in the



From left — DSA acclaimed president, Kristin Murphy; DSA vice-president of student affairs, Gerry Cleaves and DSA acclaimed vice-president of operations, Jenn Hussey.

(Photo by Erica Ayliffe)

female phys-ed class in Grade 9."

Murphy's speech echoed Cleaves' with his concern over student involvement. "We can only do so much without you," he said. "We need your input to make things work."

He called himself a very approachable person, and added that as long as he is the president

of the DSA, he wants all students at Doon to either know him personally or at least know who he is.

"Chris Kroeker did a good job as president; I don't want to take anything from Chris," he said. "But there is always room for improvement. I want to make that improvement. We are not going to sit on our hands."

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Battle of the bands at Mrs. Robinsons

By Rita Fatila

The winners of Doonstock '98, Conestoga's battle of the bands, will go on to compete against bands from all over the country.

Whoever wins Conestoga's Feb. 25 talent night at Mrs. Robinson's will represent the school at the Canadian New Music Explosion in Toronto, said Steve Harris, entertainment manager for the Doon Student Association.

Put on by the Canadian Organization of Campus Activities, a body that organizes entertainment activities for Canadian post-secondary institutions, the CNME will bring together bands from campuses across Canada. The CNME winner will receive a 1998 COCA membership.

"It's quite a hefty prize," said Harris, explaining that a COCA membership gives bands access to the entertainment department of almost every college and university in the nation.

Being listed in the COCA directory also gives the winners Canada-wide publicity.

Other prizes in the CNME include a booth at a COCA convention and

an all-expenses paid showcase slot at the COCA national conference. Both of these also offer band networking opportunities and lots of publicity.

Conestoga's winner will have their entry fee paid for by the DSA. Harris has high hopes for whomever that will be.

"To get in the top three would be a great honor," he said. "It also gets our name out there."

The CNME gave Harris the push to organize a talent night for Conestoga, which hasn't held one for the past three years.

As of Feb. 11 (the deadline for entries), seven entry forms had been returned to the DSA. Although 20 entry forms had been printed up, Harris said he was pleased with the number returned.

"If we got 15 or 16 back we would have to do two nights. That would be too much to judge."

The three-person judging panel hadn't been finalized by Feb. 11, although Harris said he was seeking judges from an array of places, including local radio stations and entertainment magazines.

The cost to attend will be \$3 at the door and \$2 in advance. The event starts at 8 p.m.

Board approves new course

New human resources program begins in fall '98

By Rita Fatila

Conestoga's board of governors has approved a new post-diploma program to start in September.

The human resources course will focus on university and college graduates and will be funded by its tuition costs alone.

According to the minutes from the board's Jan. 26 meeting, a tuition cost of \$5,000 has been identified.

The board is considering reducing the cost of tuition for college graduates.

Maureen Nummelin, a faculty member in the school of business, said in an interview that the program will qualify students for entry to mid-level positions in a typical human resources department.

Such positions include human resources manager, benefit advisor and compensation manager.

Legalities of payroll, compensation and labor relations will be among the topics taught, said Nummelin.

"It won't at all be a traditional course," she said.

Some of the program, she said, will rely on Internet self-study, allowing students to hold down full-time jobs while taking the course.

Real-life practitioners in human resources will be available and all-day integration exercises will be held occasionally.

Graduates of the program will be prepared to write the provincial human resources exam, Nummelin said.

"It will be a really comprehensive program."

Maureen Nummelin,
school of business
faculty member

"It will be a really comprehensive program," she said.

Conestoga president John Tibbits told the board that the college will offer more post-diploma programs and will try to grant degrees.

A focus on being broad-based and comprehensive will be kept as well, he said.

The board also plans, pending approval of the full board, to seek ministry approval for several proposed programs.

These include a municipal paralegal certificate program, a

welding engineering technology program, an electrical engineering technology program and a perinatal health post-diploma program.

In other board business, a motion to alter the sponsors committee of the college of applied arts and technology supplementary plan/retirement compensation arrangement was carried.

Previously, the executive committee of the Association of Colleges of Applied Arts and Technology in Ontario acted as the sponsorship committee.

Now, the committee will be made up of four management representatives and one union representative.

The union representative, who hadn't been picked at the time of the meeting, will either sit on the CAAT plan board of trustees or the CAAT sponsors committee.

Three board members who are members of the CAAT pension plan or the CAAT supplementary plan absented themselves from voting due to conflict of interest.

Reports from the president, secretary treasurer and the finance and audit committee, as well as further discussion on tuition fees, were deferred to the board's next meeting Feb. 26.

DSA gives women's group \$1,000

By Erica Ayliffe

The Doon Student Association gave Conestoga's Women's Resource Group \$1,000 to put towards a purchase of self-help brochures.

The brochures cover 23 topics, including stress management, divorce, coming out, permanent weight control and perfectionism.

The group originally asked the DSA for \$2,000 so they could purchase 300 copies of each topic at 18 cents a brochure.

The women's group already purchased 300 copies of five topics that they felt fell under anti-violence messages using a

government grant.

Chris Kroeker, DSA president, said the group decided to donate the money to the group because they feel the brochures can benefit all students regardless of their program.

Once the brochures are purchased, a stand will be set up either inside or outside the Sanctuary for students to access the information.

Women's group member Joan Magazine said she hopes the purchase of the brochures will be a long-term plan.

Both the University of Waterloo and Wilfrid Laurier University stock the brochures.

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Tony Kattenhorn - (Doon x213)
Ruth MacIntyre - (Stratford 271-5700)
Jane McDonald - (Doon x719)
Alix McGregor (Doon x430)
Arden Mertz - (Doon x276)
Mark Salmikivi - (Doon x353)
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Letter to the Editor

Sports coverage unfair

I have been reading your paper for some time now and would like to voice a complaint.

My complaint is that the hockey team seems to be getting a lot of coverage while other teams are getting little to no coverage at all.

I do realize that hockey is a public favourite and that it is nice to see how the team is doing, which isn't so great right now.

They have a four game losing streak, and the last game had over 350 minutes in penalties. I know this because I score all varsity home games.

They had a terrible Quebec trip where they were kicked out of their hotel for fighting a security guard.

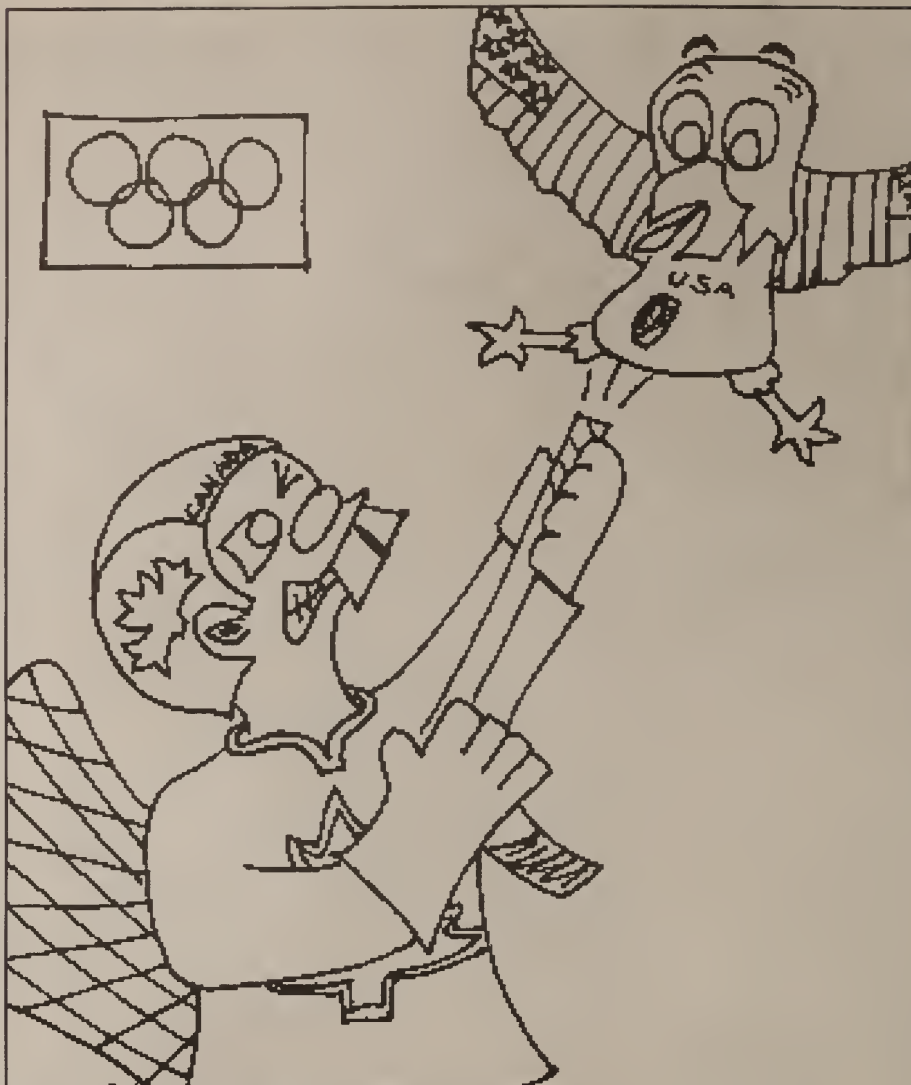
You seem to have forgotten about the two soccer teams. Both played in a tournament in Kingston last week.

The men's team brought back a silver medal to Conestoga and the woman's team played here at Conestoga on the weekend.

There has also been no mention about the two extramural teams that travelled to Humber and won silver in coed indoor soccer and no mention about the coed volleyball team that won a tournament just a couple of weeks ago.

I do understand that these stories are not as big and exciting as a story on the accomplishments of our great hockey team and their players, but some recognition to those of us who have competed in Conestoga's name would be nice.

Nick White
Student Athletic Council



Editorial

Opinions belong in the classroom

Education is defined in Webster's dictionary, at least in part, as a gaining of experience, either improving or harmful. And for at least one University of Waterloo student, it was harmful.

Professor Ken Westhues recently won his appeal after a student stated Westhues made "racist and unbalanced arguments" in a sociology class.

The student claimed she was unable to further attend the class because she couldn't function properly due to the "racist overtones" Westhues apparently articulated.

The adjudicator UW appointed to the appeal, University of Western Ontario vice president Peter Mercer, said after rendering his decision that "expressions of opinion are sometimes offensive, even hurtful...". He added it is an essential element in guaranteeing free expression of ideas in a university.

The problem never should have progressed to this point. The student in question should have approached Westhues and discussed the matter with him until both parties were satisfied with the outcome.

An essential part of learning is the exchange of ideas and the acceptance of

other people's right to their own opinion. By all accounts, the student who filed the complaint does not share this view. Opinion is not fact and should not be taken as such.

It is not the job of an instructor to remove students' opinion from their work, but more to make sure the opinion can be identified as such.

There are multiple sides to every topic of discussion, which leads to opinions for each viewpoint.

Free-thinking adults should be allowed to formulate and express an opinion. It is up to those who listen to it to decide if it is a valid one.

The student could have made her objection known and then left the class if she felt so obliged. But to claim a professor is racist because he expressed an opinion but not to give him or her the opportunity to explain is both futile and pointless.

By removing opinions from the classroom, learning becomes stale and one-sided.

The university has the right to tell professors what material to teach. What they, or anyone else for that matter, cannot do is tell them how to teach it.

Moshing for idiots



Amy
Sonnenberg

Picture this: your favorite band is finally making a concert appearance in Toronto. You sit on the phone for 45 minutes waiting to get through to Ticketmaster to ensure you get tickets for you and your friends. A month goes by and the concert date has finally arrived.

You wait in line in the rain, sleet and snow for two hours just so you can get front and centre in general admission. When the doors finally open, you get trampled by a bunch of goons and are forced to give up your front-and-centre dream and settle for 10 metres back and to the left. Finally, the moment you've been waiting for is upon you.

"Ladies and gentlemen, introducing the world's most awesome band!"

The spot lights blast on, and you can faintly make out the figures of the band members as the guitarist plays the opening riff to your favorite song of all time. As soon as the singer wails the first note, it happens. The back of the crowd swarms forward and you find your face pressed into the back of some guy's greasy hair and another guy's sweaty, rotten armpits cover each of your ears.

You're moving up and down and back and forth with the current of the crowd. Your friends are long gone. You feel faint and short of breath and really, really hot. You get kicked in the head by a size 13 Doc Marten which is passing overhead. You just want to die. And you still haven't seen anything that's happened onstage, and quite frankly you haven't been paying much attention to the music at all because you're more concerned with keeping alive. Yes, you have fallen victim to the wrath of a mosh pit.

Now, why would anyone in their right mind want to go through the trouble of getting tickets, blowing money and wasting time in line just to participate in a Royal Rumble of sorts? Stupid people, that's who. Stupid and inconsiderate people who don't realize that there are true die-hard fans in the crowd trying to take in a show. Stupid people who don't realize there are true die-hard fans who couldn't make it to the show because all the tickets were sold out to amateur wrestlers.

If these people want to smash into each other at full force, push, shove or crowd surf, why can't they do so at the back of the venue so the real fans can actually see the show instead of involuntarily getting the crap kicked out of them?

Or, better yet, why don't all of these derelicts just stay home with all their friends, put in a CD and push and shove each other in the comfort of their living room? When you can save money and time, why not?

Of all the concerts I've seen, I've had to stand at the back of the bar simply because I want to see the show and leave the show intact. And I have to miss out on the true concert-going experience because I'm either getting clobbered or standing so far back I can't see anything. How fair is that?

SPOKE

Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College.

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Big plans for a small town band

By Jeannette Altwegg

It's pretty hard for the new kid in town to make an impression on the neighborhood. This is especially true when it concerns the music scene.

Luckily for CRASH of the NOWHERE, band members have jammed with some pretty big heavyweights and are ready to go touring for some of the big bucks.

"It's who you know," says Brian Bithell, guitarist of CRASH of the NOWHERE.

A second-year law and security administration student at Doon, 20-year-old Bithell says one of the more inspiring moments in the band's short existence happened when they were invited to an exclusive party where they met members of Sloan.

"They wanted us to open for them, which was pretty exciting," says Bithell, adding that they still keep in contact with the Halifax-based band.

Currently CRASH of the NOWHERE is working on their debut album, though no release date has been set, says Bithell.

"There was talk . . . about Capital Records wanting us," he says. "They got a hold of our demo and they liked it, but, for some reason, that just died."

Bithell describes CRASH of the NOWHERE as a Canadian "alternarawk" band, their music ranging from light to very heavy alternative rock. Co-founder of the band, Tim MacGregor, is lead vocalist and plays bass, while Rob Butcher is their drummer.

CRASH of the NOWHERE was started by Bithell and MacGregor after the break-up of the band Spill, over seven months ago, of which they both had been members.



Brian Bithell of CRASH of the NOWHERE.

(Photo by Jeannette Altwegg)

"We weren't getting any gigs and we were fighting every single practise," says Bithell of his former band experience. "So we decided to call it quits."

After the break-up, Bithell and MacGregor decided to start their own band, which included having to find someone to play drums.

"We didn't even know who he was," he says of Butcher who joined as their drummer. "We just heard he played drums and asked him if he wanted to play."

The band shot off from there, he says, explaining that Butcher had been playing the drums for 14 years before he joined CRASH of the NOWHERE.

Bithell says he is looking forward to a scheduled cross-Canada tour the band is planning for July.

"We're hoping that the tour will really help our image," he says, adding that he's looking forward to meeting a lot of new people.

When asked whether it will be hard for him to quit his job for the tour, Bithell laughs.

"Considering that I'm basically at school most of the time right now anyway, I don't think so,"

says Bithell. "It will be hard for Tim (MacGregor) because he's a juvie-correctional guard for young offenders. He works full time so quitting will be hard for him."

The sacrifice, according to Bithell, though, will be worth it.

Although there are no plans for after the tour, Bithell is optimistic.

"I'll probably just bum around," he jokes while leaning comfortably back in his chair. "Get a job, make some money, whatever."

Bithell is very forthcoming on anecdotes about experiences he and the band have had in their travels.

The reminiscing community celebrity relates several stories of how the band experienced near catastrophes but somehow managed to pull off their performance anyway.

In one instance, CRASH of the NOWHERE was playing at the Cambridge Fall Fair when Bithell lost his pick and split open all his fingers.

"I started to bleed everywhere," he says laughing. "But I kept going because the fans are first."

Another time, says Bithell, their opening act, a band named Borderline, stole Butcher's \$50 drumsticks and the show was delayed for 15 minutes while everyone was scrambling, looking for another pair.

On other occasions, Bithell, who occasionally sings, lost his voice while singing.

"That's pretty hard," he says seriously. "Losing your voice during the middle of a song but you have to keep going, especially when you have a show to do."

However, whatever his experiences may be on stage, Bithell says that the band's main focus is having fun and, maybe, earn some money doing it.



The Kitchener fire department responds to a false fire alarm at Rodeway Suites Feb. 3.

(Photo by Jamie Yates)

False fire alarm at rez

By Barbara Ateljevic

Three fire engines rushed to Rodeway Suites with sirens blaring, only to discover a false alarm around 2:30 on Feb. 3.

Brian Gill, manager of Rodeway Suites, said the alarm went off because of a student cooking in her room.

Gill, who wasn't in the residence at the time, said there was no time to call the company that monitors the fire alarm before it reached the fire department.

"It was a false alarm and unfortunately there was a time delay," said Gill.

Although it wasn't the first time there was a false alarm at the residence, he said it has been a

long time since the last one.

"We've never had three (fire trucks) show up," he said.

About 100 students had to be evacuated from the residence while the first fire truck to arrive confirmed there was no fire.

Two other trucks, that were beginning to turn into the Rodeway Suites parking lot, turned around and left when they realized the alarm was false.

A smaller fire truck stopped in the driveway before driving off.

Gill said there are four fire exits at the residence; on the east, west, front and back of the building.

He said there were no problems evacuating the students and the whole procedure took about a minute.

Valentine's bash has high turnout

By Amanda Fickling

What a bash it was! About 500 students attended the Valentine biz bash at Stages nightclub, 312 King St. W., Kitchener, Feb. 12.

Although attendance was down from the Christmas bash, where 600 people partied at Sammy's Garage, president of the Conestoga Business Student Association Lia Charnicovsky said the past three bashes have all been successful.

"We've had the highest turn-out this year than ever before," said Charnicovsky during an interview.

The Valentine bash was a little lower in attendance, but that is probably because students are busy with projects.

"Generally the third bash has a lower attendance," she said.

The Valentine bash was organized by the CBSA executive and Stages nightclub. Stages staff is amazing to work with, said Charnicovsky.

"It's a group effort to make the bash happen," she said.

The St. Valentine theme lent itself to the outrageous activities

played throughout the night at Stages. One game was called the wheel of love. Students spun the wheel, picked an envelope and received the prize inside the envelope. Prizes included gift certificates to Howl at The Moon, a local pub, and baskets full of valentine goodies including romantic videos like My Best Friend's Wedding. All of the prizes were donated by Stages.

The bash was a fund-raiser for the business association. The tickets for the bash were \$6 in advance and \$8 at the door.

Proceeds from the bash will be used to pay a loan given to the association by the college, said Charnicovsky.

"We just bought 15 new computers with the loan, as well as new Simply Accounting software," she said.

The loan given to the association has to be paid in two years. The business association raises money by holding biz bashes four times a year, selling chocolate almonds, having raffles, doing 50/50 draws and bake sales.

Now Hiring

Do you want to get involved in Student Life and make a difference!

Leadership positions are available with the DSA Executive.
Term May 1, 1998 - April 30, 1999

Applications are available
February 25 at the DSA Office.

Deadline Friday, March 20, 1998

*Please note these positions are not full time paid positions.
Executives are rewarded by honourarium.



Conestoga grad's spirits still high after surviving deadly meningitis

By Anita Santarossa

With a disease that can kill within as little as 24 hours without treatment, Conestoga College electrical engineering graduate Mark Noot is a survivor of the meningococcal disease, meningitis.

After 10 days in a coma in the intensive care unit at London's Victoria Hospital, Mark finally woke up to find his legs and four fingers on his right hand gone. Despite this shocking reality, Mark is determined he will walk again some day, he said.

Mark's father Dutch was told by doctors that Mark had a slim chance of surviving. However, Dutch said he found his son improving ever since his operation.

On Dec. 24, 1997, Dutch received a phone call from the hospital. For the first time since his son's lapse into a coma he heard the words, "Hi Dad." These mumbled yet hopeful words were two that Dutch said he will never forget.

"It was the best Christmas gift I've ever received, other than tools of course," he added with a chuckle.

This is the candid attitude that embraces the Noot home in Winterbourne, Ont., as Mark responds to his father's humor by smiling gracefully and saying, "See what I have to put up with."

Mark explained in an interview at his home that his family has been a great support.

"We all have fun and laugh it off," he said. "There's no sense in being glum."

Joking about the finger that remains on his hand, he said, "I shouldn't wave it too often." And when asked if there would be a chance of him ever getting meningitis again, he said, "There's not much left of me so I hope I don't get it again."

Instead of dwelling on his misfortune, Mark feels he is lucky to have survived and is ready to continue to pursue his goals.

Concerning his career, he wants to write his Certified Certificate of Qualification test which is the last thing he must do to become a certified electrician.

Mark realizes he won't be able to do any practical work, but is hoping to get into the technical aspect of electrical engineering.

A code information specialist for Ontario Hydro, Don McNicol is a tutor and friend of Mark's. He is currently looking into the options Mark has. The AutoCAD courses at Conestoga and technical training courses at the University of Waterloo are two possibilities, said McNicol.

McNicol has also contacted the Ontario Training and Development board, who are allowing Mark to write the CCQ test. Since Mark cannot write due to his hand, someone must do the actual writing while he gives the answers. McNicol expects Mark will write the test this June.

McNicol said that Mark has always been an energetic and devoted student who always wants to know more.

"There is a light at the end of the tunnel for him," said McNicol.

One light that is already burning

for Mark is The Mark Noot Trust Fund organized by two friends of the family, Gary Good and Henry Benjamins. This fund is to help Mark and his family with expenses, such as prosthetic devices, home renovations and transportation.

Donations can be made at any Royal Bank in K-W or outlying areas. For more information, contact Henry Benjamins at 669-5846, or Gary Good at 669-1533 or 669-1458.

"It will take a lot to do what we want to to accommodate Mark," said Dutch, "But it is for Mark and his life and all the changes he will have to deal with."

Now Mark has to deal with things that many of us take for granted. "I can't just throw my shirt on the floor anymore," he said. "It's a big process just to reach down and pick it up."

Mark and his family would like to thank all those who have contributed to the fund and those who have helped them throughout their ordeal.

Mark finally got to go home for the first time on Jan. 28, his 23rd birthday. He continues to live at the Freeport Hospital in Kitchener, but gets to visit his family on weekends.

Across the road is a school yard with a baseball diamond. "That diamond was where Mark first learned how to play ball...he was a great pitcher," says his father.

Mark may not be able to run around those bases yet, but with his amazing will and determination there is no question that he will turn a home run once again someday.



Laurie Doersam and Darren McCann of the student employment, co-op education and alumni services office, sell carnations by Door 4 on Feb. 13. (Photo by Rita Fatila)

Alumni Association holds its annual Valentine carnation drive

By Barbara Ateljevic

Conestoga's alumni association took part in Valentine's Day by selling 300 carnations to students and faculty Feb. 13.

The annual event was to raise awareness of the alumni association, as well as to raise money for them, said Karen Parrinder, student employment assistant.

"So many students don't realize they're part of the alumni," she said. "We also wanted to get volunteers from different areas of the school."

Although the alumni association ordered extra carnations this year, they were sold out by 2 p.m. Last year, they sold out at noon, Parrinder said.

The carnations, in various

colors, were \$2 each, \$5 for three and \$10 for six. Inside each package was a Hershey's kiss, and cards were also available. The flowers were sold at stands by doors 3 and 4.

Extra carnations were ordered for this year but were still sold out by 2 p.m.

Karen Parrinder, student employment assistant

Parrinder said volunteers sold the flowers included herself, Mary Wright, manager of alumni, student employment and co-op education; and some

people from admissions, the alumni board of directors and liaison. A recreational leadership student also dressed up as Cliff the Condor and delivered the carnations to those who requested they be delivered.

Parrinder said the decision to sell carnations was natural. She said that unlike roses, they are cheaper and last longer.

ELECTION NOTICE

ONE PERSON IS TO BE ELECTED AS A MEMBER OF THE CONESTOGA COLLEGE OF APPLIED ARTS AND TECHNOLOGY BOARD OF GOVERNORS FROM EACH OF THE FOLLOWING TWO CATEGORIES:

ELIGIBILITY IS AS FOLLOWS:

STUDENT

OPEN TO ALL FULL TIME AND PART TIME STUDENTS ENROLLED IN A PROGRAM OF INSTRUCTION (A GROUP OF RELATED COURSES LEADING TO A DIPLOMA, CERTIFICATE OR OTHER DOCUMENT AWARDED BY THE BOARD OF GOVERNORS).

TERM OF OFFICE: SEPTEMBER 1, 1998 - AUGUST 31, 1999.

SUPPORT STAFF

OPEN TO ALL FULL TIME AND PART TIME PERSONS EMPLOYED BY THE BOARD OF GOVERNORS AS A MEMBER OF THE OFFICE, CLERICAL, TECHNICAL, HEALTH CARE, MAINTENANCE, BUILDING, SERVICE, SHIPPING, TRANSPORTATION, CAFETERIA OR NURSERY STAFF.

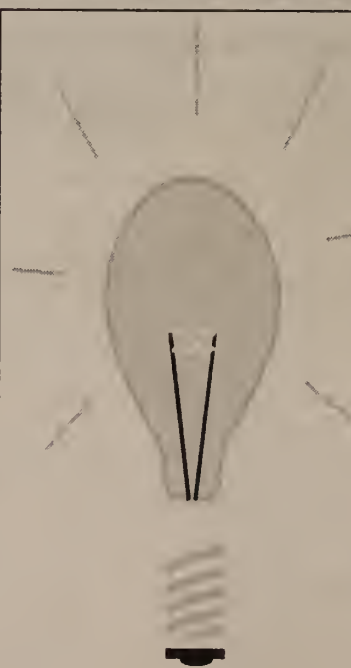
TERM OF OFFICE: SEPTEMBER 1, 1998 - AUGUST 31, 2001.

The terms of reference for these elected internal members are the same as those for externally appointed members of the Board of Governors. Nomination forms will be posted on February 19, 1998. Nomination forms will also be available in the office of the Secretary-Treasurer of the Board (Kevin Mullan).

Closing date for nominations: MARCH 12, 1998

Lists of nominees to be posted on campus bulletin boards on March 23, 1998.

ELECTION DATE: WEDNESDAY, APRIL 1, 1998



Got a story idea you'd like to see covered in SPOKE?

If so, let us know!

Phone: 748-5366

Fax: 748-5971

E-mail: spoke@conestogac.on.ca

Or drop by and visit us in Room 4B15

Conestoga to celebrate National Co-op Week

By Greg Bisch

National Co-op Week, which will be celebrated across Canada March 9-13, is designed to create awareness of the benefits of co-operative education, said Conestoga co-op advisor Linda Hart in an interview.

"It is to publicize the benefits of co-operative education to employers as well as students," said Hart. "Also, to recognize employers. Without their support co-op would not be possible. It will create some publicity for them."

This promotional effort was started by the Canadian Association for Co-operative Education, but is being supported by its provincial counterparts, such as Co-op Ontario, of which Hart is a member.

"It is something that is certainly being celebrated in all of Canada," said Hart. "It is for all co-op institutions: college and university."

As for what can be expected to be seen at Conestoga College, there will be a series of promotional tools including posters around the school during National Co-op Week.

In fact, Hart is hoping to have a message promoting the event put on Conestoga's new billboard sign in Doon campus's boulevard.

"It would show the students, employers and possible employers that Conestoga College supports co-operative education," said Hart.

The key event at Conestoga during co-op week, however, will be an employer recognition breakfast at the Waterloo campus on March 13. Employers who have hired co-op students from

Conestoga's programs over the past two years have received formal invitations to the breakfast.

"The breakfast is actually going to be prepared by students from our food and beverage program at Waterloo campus," said Hart. The program is one of three co-op programs run by Conestoga, which also include Conestoga's woodworking technology program, mechanical engineering technology, robotics and automation program.

"The breakfast, in addition, gives the opportunity for the food and beverage program to show off their skills," she said.

Other than the employers, those also invited include: the executive committee for Conestoga's board of governors, the program advisory committee chairs of the three co-op programs, as well as,

the program coordinators and college president John Tibbits.

As far as Hart's job with Co-op Ontario, she said she works on a transition team that is helping to combine the former College Co-operative Educators of Ontario and the former University Co-operative Educators of Ontario.

She said the two organizations merged in October 1997 to create a stronger, more solid unit. Part of Hart's job included putting together a media kit promoting National Co-op Week.

"We are putting together the media kit to go out to all co-op institutions throughout Ontario," said Hart. "One of the things we put together in the media kit are quotes which have been compiled from co-op institutions speaking about the benefits of co-op."



Conestoga co-op advisor, Linda Hart, says employer recognition is important.

(Photo by Greg Bisch)

Police looking at native justice system for pointers

Ontario police look at alternative ways to address crime and punishment

By Corina Hill

"The background is vital to any contact with native people."

Orvin Sullivan, whose native name is Shouwhoo or South Wind, spoke to a group of law and security administration students

on Feb. 11.

The native Canadian, from the crane clan of the Saugeen Nation, has been living off the reserve for nine years.

Sullivan told nearly 80 students that at the time Christopher Columbus landed, there were

nearly 500 nations each with its own customs, language and traditions.

"There was no international border," said Sullivan, adding that the people living on the land travelled freely and used fire and noise to show their presence. "There was no such thing as owning land. You can't own mother earth."

What differentiates being native from any other religion is that the natives worship mother earth as opposed to a god.

"We believe we are protectors of mother earth," said Sullivan. "We do not spoil and disgrace mother earth. We take what we need and leave the rest to others."

But what do natives have to do with law and security?

Well not only do natives have their own justice system, but they

have extremely unique ways of dealing with punishment.

Policing in Ontario is starting to look at alternative ways of addressing crime and punishment, said co-speaker Const. Rob Davis.

"What we are trying to bring in is restorative justice in the community," said Davis.

Sullivan said the police are now starting to use native talk circles when dealing with criminals.

"It has a powerful effect," he said. "It opens people up."

Legal law doesn't address the rights of the victim, said Sullivan.

In a native talk circle, everyone sits side by side in a circle formation. "There's no top or bottom to the circle," said Sullivan. "Everyone in that circle is equal."

In general, Canadian law protects

the rights of the criminal, yet native law focuses on the pain in the victim, said Sullivan.

"You have to own up to the very nature of your wrongs," he said. "You have to admit it, but you have to face your victims when you do this."

Currently, Sullivan and Davis are working side by side to help a Waterloo community that is plagued by violence.

On Feb. 12, Davis and other police officers involved in the Community Safety and Crime Prevention Council of Waterloo Region were to accompany Sullivan while he conducts a talk circle with neighborhood people in Cedarbrae public school to talk about the positives within their community.

"We have to heal ourselves," said Sullivan.



Orvin Sullivan hands Const. Rob Davis a native craft Feb. 11 in Room 2A56. Sullivan and Davis were talking to law and security administration students about native justice. (Photo by Corina Hill)



ARE YOUR MARKS LIKE A SEESAW -
SOMETIMES UP, SOMETIMES DOWN?

WHY NOT END THE ACADEMIC YEAR
ON THE UP!

CONSIDER HIRING A TUTOR!

COME TO STUDENT SERVICES (2B02) TO
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Attention – Graduating Students! Information Meeting



New Post Diploma Program in Human Resources Management!

Thursday, February 26
Room 2A11-1
Doon Campus
3:30 – 4:30 p.m.

Program design, job opportunities, cost, co-op feature,
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LIMITED ENROLLMENT! Apply early!

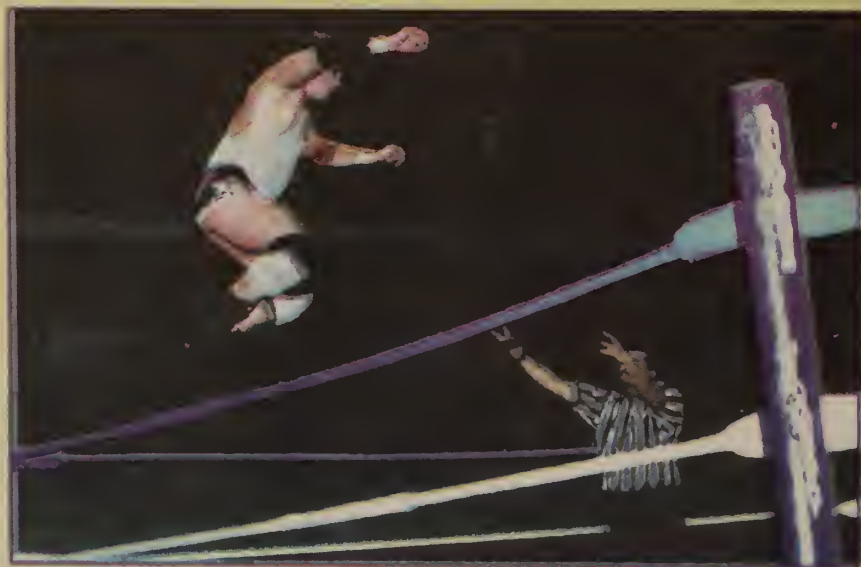


LEFT — Members of the Bushwhackers demonstrate one of many things that can be done with SPOKE.



If looks could kill, Chi Chi Cruz would be dead from this glare from Joe E. Legend.

Let's get ready to RUMBLE!



ABOVE — Joe E. Legend proves why he's the legend as he knocks Chi Chi Cruz over the ropes Feb. 13.

LEFT — Flying from the top of the ring, Chi Chi Cruz jumps onto his opponent at the Conestoga recreation complex.

Free Caricatures

Tues. Feb. 24
10:30 am - 12:30 pm
The Sanctuary



Class Rep. Meeting Schedule

Tues. Feb. 24

or

Thurs. Feb. 26

**3:30 pm, The Other Room
in The Sanctuary**



Into the centre ring



Wrestling comes to Conestoga

By Michael Hilborn

If you like rock n' roll, dancing girls and big macho men, then the recreation centre was the only place to be on Feb. 13 when International Championship Wrestling made its debut at Conestoga.

The ICW rolled into town with all the fanfare and showmanship of a traditional old-fashioned carnival, complete with costumes and sideshows.

There was even a midget referee and a tiger named Kadesh. The event was billed as the College Blowout and judging by the reaction of the crowd of approximately 1,000 people, it was a success.

There were seven bouts on the card, highlighted by the tag team title bout, which featured the ever-popular Bushwhackers, who successfully defended their title against the Fury Brothers.

In the first bout, Chi Chi Cruz, with the help of the referee, defeated Terrance Storm by disqualification. Scott D'Amour won the second bout when Sheik Abdul Musafa was also disqualified.

Don Juan DaSilva prevailed in the third by pinning his opponent, Muay Thai. Geza "Bigg Dawg" Kalman Jr. won his match against Rodney Blackbeard, again by disqualification.

Joe E. Legend pinned Rhino Richards after kicking him in the groin.

Perhaps the most entertaining event of the evening was the Battle Royal, where two men started in the ring and another man entered every minute or so. The objective was to throw one's opponent over the top rope until there was only one man left in the ring.

"Bigg Dawg" Kalman, who was a big favorite with the crowd, prevailed in the end. Kalman, a Cambridge, Ont. native, is a veteran of the Ultimate Fighting circuit which differs from wrestling and other

combat sports because the competitors try to hurt each other and anything goes except biting.

The format of the ICW is to pit a good guy against a bad guy, with each wrestler knowing his role. The good guys don't always win, which sets the stage for an inevitable rematch.

Although professional wrestling is not a competitive sport in the conventional sense, the wrestlers themselves are dedicated athletes as well as talented performers. Many of them are products of the Hart Brothers school in Cambridge, where they learn how to put on a good show while minimizing the risk of injury.

Yet injuries do occur. Sheik Mustafa, who at 299 pounds is one of the biggest men in the business, was limping noticeably at the end of the evening.

The real winners of course are the fans, many of whom are children. Seven-year-old Brandon Silva, and his brother, Kyle, said the experience was "cool" while their cousin, Jennifer, 11, said, "it rocks."

Ashley Andrews, who identified herself as the personal manager of wrestler Don Juan DaSilva, said she was impressed by the set up at the Recreation Centre.

She said she appreciates the entertainment value of the ICW. "I think it's a good organization," she said. "I believe in what it stands for. It's good clean fun."

Conestoga athletic director Ian James says he agrees. "I was impressed by the fact that there are so many families here," he said.

The wrestlers signed autographs, posed for photographs, hugged the children and were generally warm and friendly towards their fans.

Some might argue that professional wrestling is not a legitimate sport but there is no doubt that it is real entertainment and has something for the whole family.

Photos by
Casey
Johnson



Top — Bigg Dawg Kalman of Cambridge is double teamed during his match.

Above — Siberian Tiger Kadesh adds excitement to the competition.

Right — Devon, Taylor and Cheyanne try to entice wrestlers into fighting for their affection.



SafeBreak Awareness Week

Tues. Feb. 24

Family Awareness Centre - information display
Mocktails - 11:30 am - 1:30 pm, The Sanctuary

Wed. Feb. 25

Guest Speaker - 11:30 am, The Sanctuary

Thurs. Feb 26

BYOB - 11:30 am - 1:30 pm, The Sanctuary

Have Fun - but keep it SAFE!

Games Week March 9 - 12

Euchre Tournament - March 9

Chess Tournament - March 10

Pool Tournament - March 11

Foosball Tourn. - March 12

Sign up at the DSA Office



Drug use in sports

Ben Johnson put spotlight on steroids

By Dee Bettencourt

Ever since Canadian sprinter Ben Johnson, labeled the fastest junkie on earth (*London Daily Star*), set an unbeaten 100-metre world record at the 1988 Olympics and then tested positive for anabolic steroids, the public has fastened its attention on performance-enhancing drugs in sports. It did not matter that Johnson was only one of 10 disqualified at Seoul; he became the watershed of modern steroid use.



Canadian sprinter Ben Johnson tested positive for steroid use after winning the 100-metre sprint with a record-setting time of 9.79 seconds at the 1988 Summer Olympics in Seoul. Johnson was stripped of his gold medal.

Almost every subsequent scandal has used Johnson as the marker by which to measure its nature and significance, according to editors Levinson and Christensen, *Sport, From Ancient Times to the Present, Volume I*. Despite the Olympic Creed which declares that "...the most important thing...is not to win but to take part...it is not the triumph but the struggle that matters...", athletes aim higher than participation. The genesis of doping may well be explained in this statement by Jim Tatum: "Winning isn't everything; it's the only thing." Drug use, commonly referred to as doping, is commonly found in elite sport. According to Norwich

variety of concoctions, including strychnine tablets just short of lethal levels, to energize them. Their faces and bodies were often massaged with cocaine and coca butter to nullify pain. Strauss said cyclists, who previously faced exceptionally grueling six-day races, lived on caffeine for the first three days, then added strychnine, cocaine and heroin later to delay fatigue and increase their confidence. Belgian cyclists favored sugar cubes wetted with ether drops, while the Americans used a variety of agents from camphor, digitalis, insulin, trinitin, atropine to epinephrine, used to help alert their bodies to stress. In broad terms, doping measures are either ergogenic (work-enhancing) or anabolic (growth-stimulating). Self-administered or trainer-controlled substance abuse can cause side effects from hypertrophied pectoral-muscle development seen in body builders (which may be the start of breast tissue), to testicular shrinkage, liver damage, collapse and even death (several Tour De France cyclists have died from amphetamine overdoses during the races). But how does one access these illegal substances? The Honorable Charles L. Dubbin Commission researched the proliferation of banned substances in 1990 and stated their supply and distribution is a multi-million dollar business. The black market consists of gyms, dealers and mail-order businesses whose supplies come from clandestine laboratories, without regulatory safe-guards, in the U.S. and Central and South

America. Legitimate sources include physicians whose practices are focused on athletes, pharmacies that sell directly to customers and veterinarians. Investigative agriculture reporter, Jim Romahn, of Waterloo, said, "Steroids are readily available to veterinarians, as they use them in their practices. I know of a husband and wife vet team in the Brampton-Mississauga

area who have been convicted and disbarred for selling steroids." Romahn said the College of Verinarians in Ontario have historically been lax in disciplining their members due to an "old boy's club" mentality, although this attitude is now changing in an effort to clean up the profession and comply with the standards set by the Canadian Olympic Association.

Vet drugs for humans?

Animal steroids considered risky

By Jamie Yates

Have you ever noticed how some athletes seem to run as fast as a racehorse, or how some body-builders look so ripped, their muscles resemble a side of beef? Some people don't realize how appropriate these analogies can be. An article in a March 1998 Flex magazine said the most popular veterinary steroid used by athletes is Winstrol-V. The most famous bust in Olympic history was when Olympic sprinter Ben Johnson tested positive for the veterinary steroid Winstrol (stanozolol).

First produced in 1959 at the Sterling-Winthrop Research Institute, the article said Winstrol intrigued scientists because it demonstrated increased muscle tissue with little androgenic activity. The article said when Winstrol was administered to test animals they showed large gains in bodyweight. The gain was achieved at dosage levels well below those producing negative side effects. In humans, the article said, increased muscle mass was also noticed without negative effects such as liver damage or bloating. The article also said Winstrol can prevent catabolism commonly associated with stress. European countries, the article said, have used injectable Winstrol in humans for years to treat conditions including burns, extreme exhaustion and the weight loss and muscle wasting that come with chronic conditions such as HIV. Another steroid the article mentioned was Equipoise, which is popular with athletes as a general-purpose steroid. It has the ability to cause dramatic size and strength gains with little water retention. Equipoise, also known as the 'Big E', appears to be effective, but has yet to be analyzed in humans, raising concerns about its toxicity. The article said the most dangerous animal steroid is mibolerone, also known as

Cheque Drops. This drug is toxic to liver cells and disrupts normal liver function. It said misguided athletes have been known to ingest mibolerone despite its questionable effectiveness and high toxicity in humans. Even though the article said animal steroids have certain benefits without scientific proof of physical damage in humans, it said most vet steroids haven't been extensively tested in humans, thus their long-term safety is questioned. It said until more research is conducted on veterinary steroids and their toxicity, using these drugs for muscle improvement must be considered risky. Ian James, manager of Conestoga's athletics and recreation centre, said that not all athletes use steroids, but there have been some caught using the drug. He also added that all people, not just athletes, use steroids. "I like to keep it general," said James. "There is no difference between athletes, students or fitness people using it." James, an athlete himself, said he has encountered people on steroids in his athletic career. "Steroids frequent people of all sports," he said. "People I know have used it. "They (steroids) will enhance short-term abilities to perform, but anyone is unwise to get involved with them." Whether the steroids, used by the individuals he knew, were animal steroids, James said he wasn't sure. James said he hasn't encountered anyone using steroids at Conestoga's recreation centre. "I think I'd notice the signs," he said. "Fortunately, most people who frequent the centre are fitness types of people." James said the side effects of steroids include kidney and liver damage, and tendon ripping, when the muscle grows faster than the tendons. He said other signs of steroid use include increased body weight, acne, balding and personality changes, such as a short-fused temper.

Doon Student Association Annual Awards

Criteria for Awards

Certificate of Appreciation - The Recipients of this award are members of the College Community whose contribution to college life has been significant.

Award of Distinction - The recipients of this award are members of the College Community who contribution to college life has been outstanding.

Award of Excellence - The highest award presented by the Doon Student Association in recognition and appreciation of outstanding leadership and involvement in college life.



Doon Student Association Award Nomination Form

Name of Nominee: _____ Phone #: _____

Address: _____ City: _____ Postal Code: _____

☐ Student Program: _____ Year: _____
☐ Faculty School: _____
☐ Staff/Administration Dept.: _____

Award Nominated for:
☐ Certificate of Appreciation
☐ Award of Distinction
☐ Award of Excellence

The above named nominee has made the following contributions to College Life at Conestoga:

Nominator: _____ Phone #: _____

Please submit your Nomination form to the DSA, attention Becky Boertien
Nomination Deadline Friday, February 27, 1998

Students agree Rebagliati deserved gold

Canadian Olympic snowboarder's medal reinstated by the International Olympic Committee

By Jamie Yates

In a survey conducted Feb. 12, 15 Conestoga students unanimously agreed that Canadian snowboarder Ross Rebagliati deserved to get back his Olympic gold medal.

Rebagliati, of Whistler, B.C., was stripped of his gold medal Feb. 10 by the International Olympic Committee after testing positive for marijuana use. Rebagliati claimed he hadn't used marijuana since the spring of 1997. His medal was reinstated Feb. 12 after an appeal by the Canadian Olympic Committee.

When asked if the IOC's decision to give back the Canadian snowboarder's gold medal was

fair or whether the IOC should have been tougher on him, Kim Kilimnik, a law and security student, said Rebagliati deserved to have the medal back.

"It's totally fair," she said. "It's (marijuana) not a performance-enhancing drug."

"Marijuana has nothing to do with the physical capabilities of a person. He deserved to have his medal back."

"He earned it," she added.

Other students echoed Kilimnik's

opinion.

Mark Moretti, a broadcasting student, said marijuana wouldn't improve an athlete's ability.

"Marijuana is not a performance-enhancing drug," he said. "It would probably take away from his performance."

Tim Bender, a materials management student, agreed.

"If anything, what it (marijuana) would do is not enhance," he said. "It would have counteracted his performing well."

Sparrow Rose, a general business student, said the incident wasn't a big deal.

"In my personal opinion," she said, "it wasn't a big deal."

"It (marijuana) wouldn't have made his chances better of winning."

During the appeal, the Canadian Olympic Committee argued that Rebagliati's positive test for marijuana may not be a result of direct use. Three students expressed similar views.

"If he's telling the truth, if it's from second-hand smoke and he never touched it, he can't do anything about it," said Jeff McPherson, a machine shop student.

Jeremy Snider, a woodworking student, agreed.

"I believe him (Rebagliati) that he hasn't taken it (marijuana) for 10 months," he said.

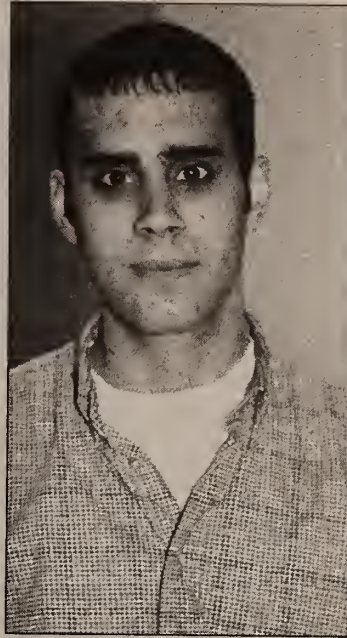
"Like they said, pot is more of a depressant, not an enhancer," he added.

David Pettigrew, a materials management student, said he felt Rebagliati deserved his medal back because the amount they found in his system was small.

"Ten years ago, they wouldn't have even have been able to find marijuana (in Rebagliati's system)," he said. "He hadn't used it since '97 and got it second-hand."

"It's not an enhancing drug," he added.

Canadian officials also argued, during the appeal, that not all sporting bodies test for marijuana use. Nicole Davis, a nursing student, agreed.



Mark Moretti,
broadcasting



Kim Kilimnik,
law and security



Tim Bender,
materials management



Ken Miller,
electronic technology



David Pettigrew,
materials management



Nicole Davis,
nursing

ATTN: JOURNALISM STUDENTS

We need you to attend the next JSA meeting on Monday, Feb. 23 at 12:30 in rm. 4B14.

Be there!

10th Guelph International PSYCHIC FAIR



READERS
BOOKS
CRYSTALS
FREE LECTURES
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Friday: 12-10pm
Saturday: 11-10pm
Sunday: 11-7pm

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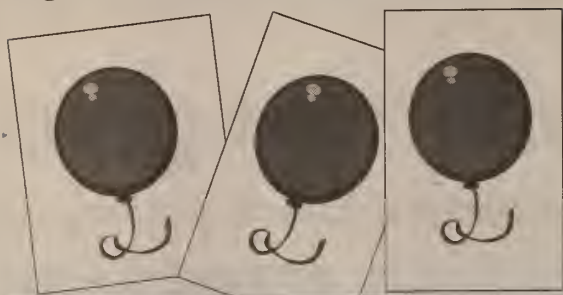
February 27, 28, March 1

New Location: COLLEGE INN

(Stone Road & Gordon, Guelph)

PROBLEM GAMBLING WORKSHOP

- Thursday
- March 19th. from 3:30-5:30 pm in Room 1B21
- Facilitator:
- Larry Ellis
- Please see Elaine or Jeanette in Student Services, Room 2B02 to sign up prior to March 19th.



hey!

it's entertainment



Andrew Lakin, Alan Sapp and Mike Peng appear as Vladimir, Pozzo and Estragon in Theatre & Company's production of *Waiting for Godot*. (Photo courtesy of Kate Holt)

Theatre

Waiting for Godot

by Natalie Schneider

The audience piled into the Water Street Theatre quietly. They waited anxiously in their groups for Samuel Beckett's *Waiting for Godot*, celebrating its second night of production with a sold-out show.

The 170 capacity venue in Kitchener on the corner of Water and Charles streets opened its stage doors to *Waiting for Godot* on Feb. 13 and will continue to do so until Feb. 28.

The platform sat in the middle of the theatre, surrounded by rows of seats in every direction. The stage resembled a landfill site with one barren tree perched among it. The smell of damp wood chips covering the floor of the stage lingered in the air. Flipping through program manuals and softly chatting below the heated lamps, the audience was brought to an abrupt silence as they were engulfed in darkness. A soft light illuminated the stage to show a young man struggling to remove his boots. This youthful character is none other than Estragon, portrayed by Andrew Lakin, who is later joined by his side-kick Vladimir, played by Michael Peng.

Estragon and Vladimir are the two tramps in the production. The audience witnesses their day-to-day escapades as they wait and wait. Funny antics, cynical conversations and utter hopelessness follow the two as they tirelessly wait for something that never comes.

Their boredom is lifted as they are visited by Lucky, played by Kathleen Sheehy, and Pozzo,

played by Alan Sapp. Pozzo is a ruffian in cowboy attire who leads his tired and robotic Lucky by a long rope. The curious characters help to make time pass as Estragon and Vladimir wait for the arrival of Godot (Godot's identity is never revealed to the audience).

Just when the two tramps believe Godot is coming, a messenger boy (Marcus Mares) arrives to tell them Godot will be coming the following night. He never does.

Waiting for Godot is not your typical production. At times it's hard to follow. It's important to wipe away what you are used to. It's like leaving reality completely behind, yet at times you can relate with the characters.

In the notes for discussion night David VanBelle, dramaturge, wrote, "*Waiting for Godot* is a difficult show to write about. And perhaps, as you may be experiencing tonight, a challenging show to watch, but I encourage audience members to lay aside some of your preconceived notions of what a play looks like, or sounds like, or acts like, and accept the creative space that Beckett and we have opened up here."

Beckett's *Waiting for Godot* opened in 1953 in Paris but was not a hit when it first opened, said the producing artistic director at Theatre & Company.

"As you may or may not know, Samuel Beckett, who was an Irish ex-patriot living in Paris, wrote *Godot* in French and later translated it into English. Once it had been translated into English it was quite a success in the avant-

garde theatre. It's considered to be the classic of the modern theatre," said Stuart Scadron-Wattles.

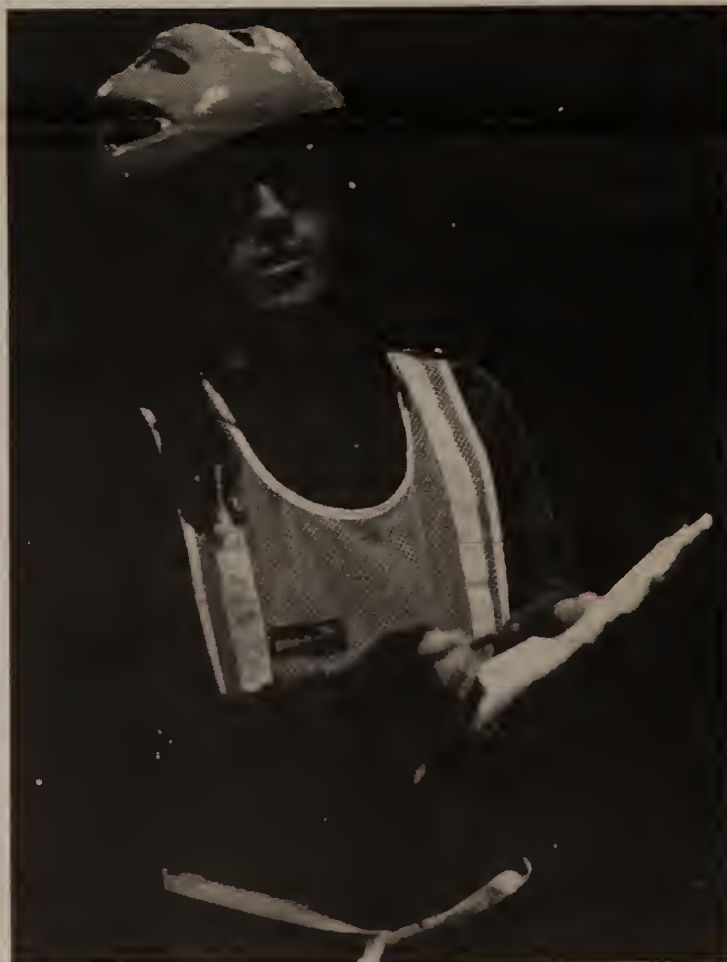
The reason Beckett's play was brought to the Water Street Theatre was that it fit their ensemble nicely, said Scadron-Wattles.

"We have a resident ensemble which makes us unique in the Waterloo region. We actually have a group of actors who stick around and have been part of this for four years. This offered them an opportunity to take roles they hadn't taken before, in some cases, and an opportunity to do work together that they hadn't done in this configuration," said Scadron-Wattles.

"I know *Godot* and I've been in *Godot*, so initially I wasn't interested in doing another production. But as I was reading it again I thought 'Wait a minute. These are not the people that I remember from the '60s'. When I read it now I see three generations: a GenX, a boomer and a GenY. All of them have different takes on the problems of human existence which Beckett is seeking to illustrate in *Godot*."

Scadron-Wattles explains that *Waiting for Godot* is a very important play and that it addresses the age old question of "Why do I exist?"

"This may be exaggerating a bit, but it's like performing Beethoven's Ninth symphony. If you're an orchestra you have to perform that at some point, it's a major piece. So that's what we're doing. However, we are doing it in such a way as to have it be



Marcus Mares appears as a bike courier in Theatre & Company's Production of *Waiting for Godot*. (Photo courtesy of Kate Holt)

understood and relevant to an audience of today."

Despite an increase in entertainment involving huge special effects, like *Phantom of the Opera*, and the immense popularity of action-packed films, the refreshing outlook from the Water Street Theatre has received a lot of support from the community.

"People just don't crave spectacle. Intimacy is also necessary and what we present is a theatre of intimacy. You're not going to have a chandelier crash onto the stage in

front of you. The things that are part of you, that make up your life are going to be dealt with in the theatre. You can get a spectacular experience almost anywhere, but where are some people going to stand in front of you and interact with you about your life? More and more we crave that in our leisure time," said Scadron-Wattles.

For ticket information call 571-0928. Look forward to *Shadowlands* by William Nicholson starting April 3 to April 18. ■

Band profile



Triple Jay-Bee, from left: Joel Bard, vocals and rhythm guitar; Jamie Perry, drums; Ian Barry, bass; and John McKinnon, vocals and guitar.

(Photo by Lisa Roberts)

Triple Jay-Bee

plays the hits

by Lisa Roberts

While couples wined, dined, and romanced each other on Valentine's Day, Guelph band Triple Jay-Bee played another in a series of area gigs, this time at Buffalo Bills in Guelph.

Most bands stick to an original roster of tunes for their live performances, but the four-member outfit stuck to covering hits from the 1950s to the 1990s.

Guitarist and vocalist John McKinnon has been in the music business for 13 years and said he's found more success in doing covers. McKinnon played for a number of local acts, including Jake Stacey and Foundation, all of whom performed original material.

During a post-show interview, McKinnon said he found personal satisfaction with the new format.

"We're switching from heavy songs to a cleaner sound," he said. "This way, people can hear what we do as musicians."

The band line-up includes vocalist and rhythm guitarist Joel Bard, bassist Ian Barry and drummer Jamie Perry.

Performing songs from a variety of artists, ranging from The Beatles to REM, Triple Jay-Bee try to appeal to all members of the audience.

"We're just a straight-ahead rock and roll band," McKinnon said. "We usually do louder shows, like the Valentine's gig, but we also do

quieter shows, like weddings and banquets. During those, we also have to dress up formally."

McKinnon and Bard were together in Foundation, a rock band that released a CD in 1995. McKinnon found the experience disappointing when it came time to perform live.

"When we did all-original material, playing live was frustrating because we played to nobody," he remembered. "At least people come to see us when we're doing covers."

During the Feb. 14 show, the band injected some fun into the otherwise standard performance by asking the audience music trivia questions. Correct answers were rewarded with elaborately wrapped bundles of candies. This is just one of the ways in which the band tries to make their presentations fun for all.

They also performed hits by a number of artists such as The Eagles, Eric Clapton and Dion and the Belmonts. Requests from the audience are welcomed and usually performed during their shows.

With a surprisingly packed house at Buffalo Bills on the most romantic day of the year, it can be fair to say that there's nothing wrong with occasionally delving into musical history and appreciating what came before.

For booking information about parties or banquets, call Triple Jay-Bee at (519) 763-2798.

Club Scene

Expect the unexpected

photo and story by Natalie Schneider

Monotony can kill the liveliest soul in everyone. To put an end to repetition, one needs to seek new things to do or see.

Club Isis, 276 King W., Kitchener, which is undergoing renovations and last minute preparations to ensure a good night for all, will be swinging its doors open Feb. 27 at 9 p.m.

Despite the presence of nightclubs lining King Street on either side, Club Isis is a new opportunity for club-goers to experience something fresh.

Club promoter Imraan Savai said that the club was situated in Kitchener because the nightclub scene is very accommodating in the area. The fact that the area also houses an influx of other night clubs doesn't worry him.

"Nobody is doing what we're doing here. We're not catering to the general crowd. We're trying to cater to the crowd that doesn't find what they want in Kitchener. The crowd that basically goes out to Toronto or Hamilton or wherever to find a night scene where they can enjoy themselves," said Savai. "Club Isis offers a break from the norm. There's a whole different atmosphere in here. You won't find the same atmosphere in a lot of places down here."

"I find when I go out to clubs in Kitchener they're basically all the same," said Savai. "It's either just a bigger or smaller club, that's all it is. There's nothing that ever changes. The crowd is the same crowd that goes from



Club Isis, 276 King St. W., Kitchener, will be celebrating its grand opening Feb. 27.

club to club."

Although the opening night will be hosted by Energy 108, Savai stresses that it might seem like the same old thing but insists it's not.

"It's just a start. People can think what they want but in time they'll be exposed to more and more once we get things going," said Savai.

Already in the works is a rave which should be coming in March. Patrons can find DJs from all around the world at this event, ranging from London all the way to Australia, said Savai.

Many people probably remember that Club Isis was once the location of the Volcano, a club which catered to live music. The location is the only thing these two clubs have in common.

People can expect a more open concept compared to the small quarters that used to enclose the Volcano, said Savai. Though the holding capacity for Club Isis

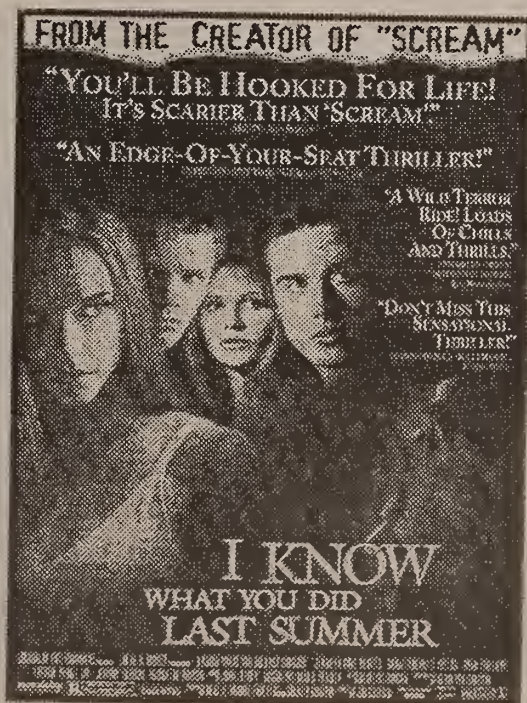
hasn't been officially set, Savai estimates it at approximately 500 people.

As soon as the club is able to provide the accommodations, live bands will also be featured. Savai stated that things will constantly change to give people what they want.

"Whatever people down here like, that's what we'll give them," said Savai. "I work with a lot of clubs in Toronto and I'll be using those contacts. I'm going to try and get the same concepts down here and try to implement them and see if they work in Kitchener."



Twoonie Tuesday



TUESDAY

MARCH

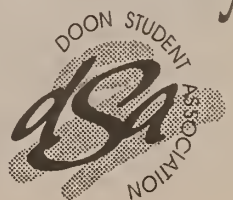
17

8:00 pm

The Sanctuary

Tickets \$2

on sale at the DSA Office



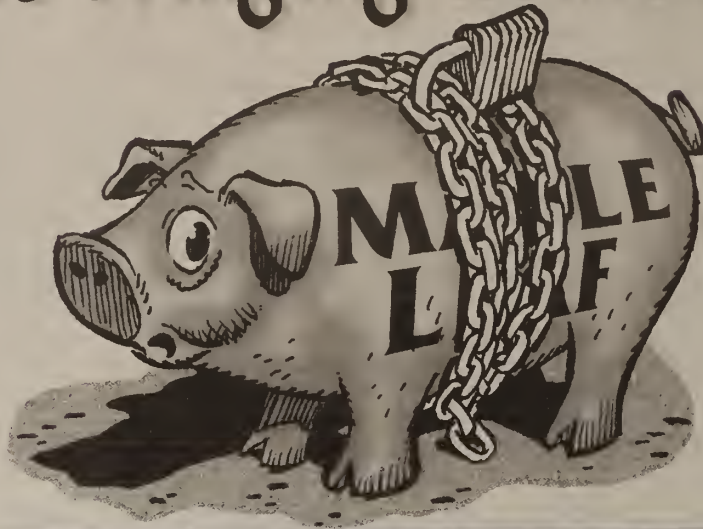
Movie of The Week

Mon. Feb. 23

11:00 am

The Sanctuary

We're not bringing home the bacon!



Or the wieners and franks.

Or the cold cuts, the hams, the sausages, or anything else Maple Leaf makes.

Maple Leaf Foods is a huge Canadian corporate success, with big-time global aspirations. Its meat slaughtering and processing operations have earned it so much money, it has spun off into all kinds of other food production: bakeries, pasta-making, frozen foods, and even coffee and doughnut shops.

But in the quest for ever-higher profits, Maple Leaf President Michael McCain is offering his workforce only the scraps. In August 1997, Maple Leaf locked out workers at its North Battleford, Sask. bacon plant because employees wanted to improve on their industry-low base rate of \$9.88 per hour. The same thing happened in October to Hamilton, Ont. workers, whose base rate was just \$10.90, bringing to nearly 500 the number of workers locked out of their jobs. Then about 900 pork production workers in

Burlington, Ont. — faced with company demands for rollbacks from \$6.00 to \$9.00 per hour — were forced to strike in November. They were followed just days later by another 750 workers in Edmonton, Alta., who are threatened with permanent plant closure and loss of their jobs.

These workers are all members of the United Food and Commercial Workers, or UFCW. We don't think it's right that Canadian workers should have their wages and benefits reduced to rock-bottom levels just because that's someone's idea of a "competitive reality" — especially when the company continues to not only grow and profit, but to try and swallow up the competition. Canadian workers should be paid what's fair and equitable *in Canada* — period. After all, Michael McCain is still "bringing home the bacon".

If you care about what's fair, please join us in boycotting these Maple Leaf products:

MEAT PRODUCTS

Maple Leaf • Burns • Overlander
Swift Premium • Prime Poultry
Campfire • Shopsy's • Coorsh
Clover • Bittners • Devon • Parma
Hygrade • Mary Miles • York

BAKED GOODS

Canada Bread
Dempsters
Karnes • McGavin's
Tenderflake
Venice Bakery

CANNED & FROZEN

KAM • Klik
Maple Leaf Canned
Chicken & Ham
Maple Leaf Frozen
Pizza, Hash Browns

OTHER:

Country Style Doughnuts • Olivieri Pasta & Sauces
Shur-Gain Pet Food & Livestock Feeds

Issued by the UFCW National Defence Fund, November 1997 • For more information, contact the UFCW National Office:
300-61 International Boulevard, Rexdale ON M9W 6K4 • 416.675.1104 • fax: 416.675.6919



SPORTS

An escape from routine, everyday life

Adventure games relieve stress, manager says

By Becky Little

People need to get out of the ordinary once in a while and adventure games are way to do that.

Flag Raiders Inc. located near Breslau, is an outdoor paintball facility with over 80 acres of nine different combat fields. Some of the scenarios include the Second World War, Columbian drug lab, Laotian village, sugar shacks, Cambodia and Viet Cong fishing village.

Joe Kimpson, a marketing grad from Conestoga College, has been running the facility for 15 years. He said, "We are rated in the top three in North America. There's one in Florida, one in California and this one." For an inexperienced paintballer it is an impressive site. "We do all the props ourself," he said.

The group organizer calls Kimpson to reserve a day of adventure. Call early because a \$20 deposit per person must be made two weeks in advance. Total cost is \$42 per person for a standard package.

Kimpson will provide a map to the location in an information package. The adventure begins at 8:30 a.m. sharp and you play until 4 p.m. Special packages are available and, rain or shine, the games are on.

The group is divided into teams and then try to capture the opponent's flag.

Individual players are also welcome on open days (Saturdays and Sundays) but make sure you call ahead to reserve equipment. Standard equipment include mask, gun and ammunition.

Flag Raiders will not be open until the middle of March.

Although it is a little early to do much in the way of outdoor adventure games, the Paintball Arena, at 36 Francis St. (off Charles Street), is indoors and open Wednesday evenings and Saturday afternoons. Appointments are not always necessary.

Another indoor adventure game to consider on those long stressful days is Laser Quest, located at 255 King St. W.

General manager Nancy McIver, said more businesses are coming in to work on team building (giving co-workers a chance to practice working together). It's also a great stress reliever. "When you're inside the only thing you're think-

ing of is what's going on in there. It's like a whole other world behind those doors."

Instead of paint, of course, the players are shooting each other with a harmless laser. Special vests are worn and players aim for the lit patches on the front back and shoulders of the vest.

After the game is over a score card is handed out and players can see how many times they were shot and compare that to other scores.

Laser Quest is also available for birthday parties because it is a great game for anyone aged seven and up.

It costs \$7 for a 25 minute game.



General manager of Laser Quest Nancy McIver demonstrates the use of a laser. (Photo by Becky Little)

READ THIS BEFORE YOU PLAY

- All players are advised that they are playing LASER QUEST at their own risk.
- If you have any concerns relating to your ability to participate in cardiovascular activities you should refrain from playing.
- Persons who are asthmatic, suffer from respiratory disorders or are severely allergic to dust should refrain from playing.
- Persons who suffer from photosensitive epilepsy should refrain from playing.

Rules of play for Laser Quest in King Centre in Kitchener.

(Photo by Becky Little)

OCAA keeps lid on fisticuffs

By Dan Meagher

Though you would never know from watching recent Condors men's hockey games, fighting throughout the Ontario Colleges Athletic Association has dropped off since Christmas.

OCAA hockey convenor Tom Mauro said that penalties have been down "right across the board," in the second half of the season.

Conestoga's recent penalty-filled match with Cambrian and their subsequent rough game with Seneca are anomalies in the post-Christmas schedule, Mauro said.

Yet, Mauro did admit concern at the lofty penalty totals amassed by Cambrian. "They were in a lot of trouble earlier in the season, but I've talked to them on a couple of occasions and things have gotten better."

Conestoga's 8-2 loss to Cambrian on Feb. 7, left a couple Condors suspended, including assistant coach Gary Thiel. Mauro noted that a game misconduct for a coach carries an automatic one-game suspension.

Contrary to popular belief, Mauro said that there are only a couple of reasons for suspending a player who drops the gloves. For instance, being involved in a second fight during one stoppage in play, or instigating a fight both carry automatic suspensions.

"Otherwise it's pretty discretionary," Mauro said. "If a player has been involved in a few incidents I will warn him, and I can also rule on an incident based on the circumstances, but it has to be fairly blatant to carry a suspension."

Several of the teams in the

OCAA have expressed concern over Cambrian's intimidation tactics, but Mauro says the league has done its best to curb the rough stuff. "They (Cambrian) have gotten two or three letters from me already, so they know where I stand."

One of the problems faced by the league in the attempt to keep penalties to a minimum is the lack of quality officiating.

Mauro said good officials are hard to come by on a consistent basis, especially for afternoon games, when most qualified officials have day jobs. He said it is also tough to find them in markets such as Kitchener where several leagues compete for their services.

Seneca coach Francesco Bazzocchi said that his team has come to accept the league's officiating and play through it. "You know, it's like that pretty much everywhere so we just have to play smarter and put up with it," he said.

As for Cambrian's tactics, Bazzocchi said he will not allow his players to indulge them and they will back down when challenged.

Condor coach Kevin Hergott seconded those sentiments, saying his team knows what Cambrian is like and they just have to be disciplined. "You can't get away with taking a lot of penalties in this league," he said.

Mauro downplayed the fighting issue, though, saying that it is merely the nature of the game, and the best he can do is to keep it under control.

"Once in a while you're going to have one of those games," he said. "The trick is to limit them, and I think we've done that."



Home slide still haunts Condors

Hockey team winless at home in '98

By Matt Harris

Conestoga men's varsity hockey team continued in its downward spiral at home Feb. 11 as the Seneca Scouts came calling and departed with a 7-5 victory over the Condors. The game was a penalty-filled affair; the teams combined to total nearly 170 minutes in the sin bin, as well as five ejections.

Mike Traynor notched the hat-trick for the Condors, while Darryl Sinclair added a goal and three assists to his point total. Seneca was led by Ian MacDonald and Andrew Wakileh, who had three points apiece.

"Our defensive coverage was brutal and we have to work on staying out of the penalty box," said Condors coach Kevin Hergott. "The officiating was atrocious. It made the Cambrian game look good." He added the team fought back well, making the game closer than it appeared.

The first period saw Condor Sean Murray ejected after he checked MacDonald into the boards from behind. The thuggery continued throughout the game, culminating in four players being tossed in the third period for fighting.

Conestoga opened the scoring early in the first period when Traynor tipped in the point shot of defenceman Jason Snyder while Conestoga was on the power play. Seneca evened the score just over a minute later when Wakileh slid the puck past Condor netminder Darryl Whyte. The

Condors dominated the scoring opportunities in the period despite being outshot 33-9.

Seneca forged ahead at the midway point of the period. Bradley Brown and Brad Cripps scored five minutes apart, with both goals coming via heavy traffic in front of Whyte. Traynor tallied his second of the game with just four seconds remaining in the period to bring Conestoga to within a goal.

The second period saw much of the same type of play. The teams managed to exchange goals in between penalties and other various stoppages in play. The early part of the period was MacDonald's show. He scored two goals in the span of a minute, pushing the Scout's lead to 5-2 at the halfway mark of the period. Traynor scored his final goal while the Condors enjoyed a two-man advantage, and then Snyder brought the home squad back into striking distance with just over a minute left in the period.

Seneca notched a pair of goals in the third, ensuring their victory. Sinclair gave some hope of a comeback with his lone goal. After stripping a defenceman of the puck at the Scout's blueline, Sinclair deked Seneca goalie Colin March out of his pads. Unfortunately, his goal was merely a rose between two thorns.

Scouts coach Francesco Bazzocchi said his team played a focused game. "We had to play a smart game tonight and not fall behind," he said. "We didn't play



Top: Condor Darryl Sinclair (21) waits for the puck while Mike Traynor (15) ties up the front of the net.

Right: Seneca's Ian MacDonald (foreground) celebrates one of his three goals.

(Photos by Dan Meagher)



all that smart, and that's something we have to work on for our remaining games." Both Hergott and Bazzocchi voiced their displeasure with the officials.

"It's pretty much like that all over the league," Bazzocchi said. "I guess it's something we'll just have to accept."

Conestoga goes out on the road for its final three games. They visit Cambrian and Boreal and finish the regular season at Seneca Feb. 26. The postseason tournament begins at Sault College in Sault Ste. Marie March 12.

DSA bus trip

TORONTO RAPTORS

Vs. Chicago Bulls
Sun. March 22

and

Vs. LA Lakers
Tues. March 31

Tickets \$45 (for each game)
on sale Mon. Feb. 23
Limited tickets available
2 tickets per student



OCAA MEN'S HOCKEY

Team	GP	W	L	T	PTS
Seneca	16	11	4	1	23
Cambrian	15	11	3	1	23
Conestoga	14	9	5	0	18
S.S. Fleming	16	7	6	3	17
Boreal	16	4	11	1	9
Sault	15	1	14	0	2

INDIVIDUAL STATS

Name	Team	GP	G	A	PTS
Darryl Sinclair	CON	14	17	23	40
Mike Senior	CAM	15	11	25	36
Jimmy Ratte	BOR	15	16	16	32
Serge Moreau	BOR	16	12	19	31
Trevor Meyer	CAM	15	20	10	30

* as of February 16, 1998